

August 2023

VOLUME 1, ISSUE 5



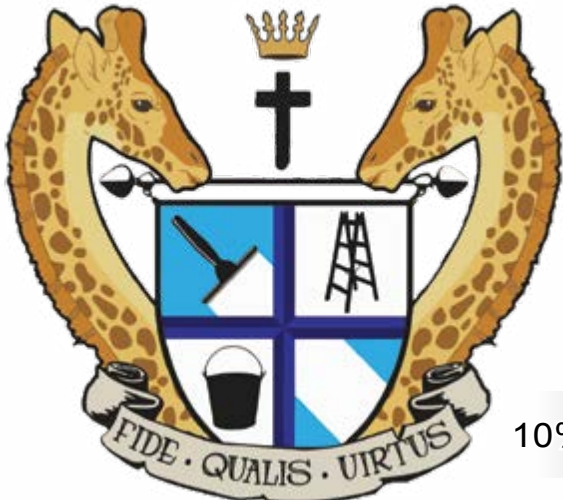
CONNECTING COMMUNITY



# OUR FAMILY SERVING YOURS

## 970-464-1400

*The best quality,  
The best price.  
You deserve the best!*



10% OFF for Seniors & Veterans

### ABOVE ALL

## WINDOW CLEANING & SERVICES

### Clogged Vents & Chimney's Cause Fires!

CDC & CHD RECOMMENDS CLEANING  
ALL VENTS AND REPLACING FILTERS  
EVERY YEAR.



## YEARLY SERVICES PLANS STARTING AT

# \$ \$145 PER MONTH \$



### Duct Cleaning Services Clean Ducts Means Healthy Air

Learn More

[www.venttechsweeps.com](http://www.venttechsweeps.com)



# CUSTOM FIT



## ORTHOTIC SHOES



Padders - Klogs - Apex  
Brooks - Fidelio  
- Professionally Fitted -

**SHO**  
DESIGN

970-243-4777  
648 Main St.  
Grand Junction

# JUDY'S Mattress Warehouse



**\$0  
Down  
Payment  
Plans**

### Bedroom, Living room & Dining room furniture

Now carrying Ashley Furniture!  
Sealy, Serta, Beautyrest, Mily &  
Sherwood Bedding

**Monday - Saturday  
9am to 5pm**

### Located in Clifton

behind Murdocks in the  
Peachtree Shopping area

3225 I - 70 Business Loop  
Clifton Co, 81520

## 970-640-4047

## August 2023



CARBONDALE ARTS & P. 8  
DANCE INITIATIVE

THE LAUNCHPAD

P. 9



HANGING LAKE P. 12



EVENTS CONNECTION P. 15

**Silt**

**August 2**  
Music At The Market  
4:30 - 7:30pm  
Veteran's Park  
500 Home Ave Silt  
Come join the Town of Silt as they host Music at the Market featuring Oran Mor.

**August 4**  
Shake Your Silties Out  
10:30am  
Silt Library  
680 Home Ave, Silt, CO  
Join us for a music and movement time with Mr. Paul! We'll have fun dancing to the Hokey Pokey, Chicken Dance, and other healthy music for the heart, mind, body, and soul.

**August 4**  
Meal Monkey  
11:30am

**Events CONNECTION**

**August 18**  
Music At The Market  
4:30 - 7:30pm  
Veteran's Park  
500 Home Ave Silt  
Come join the Town of Silt as they host Music at the Market featuring Stone Kitchen.

**August 19**  
SILT HEY DAYS  
8am - 5pm  
Veteran's Park  
Silt  
Silt Heyday is entering its 53rd year and has moved back to Veteran's Park in old Town Silt. We are looking for local vendors (food, arts & crafts,

**August 23**



P. 18 VETERAN'S WELCOME HOME & PINNING CEREMONY

**Rifle continued**

**August 18**  
MGP Presents:  
THE WAILERS  
7:30pm  
Ute Theater  
132 E 4th St Rifle  
Ladies and gentlemen, get ready to experience the iconic sound of The Wailers live in concert! This is your chance to witness the magic of their timeless classics and incredible cuts from Bob Marley's vast repertoire in a set that is truly unforgettable.  
\$38 - \$65

**August 18**  
SPARK  
11:30am  
Rifle Library

**Events CONNECTION**

**August 26**  
Party For The Park  
7pm  
Ute Theater  
132 E 4th St Rifle  
PRETTY STRONG  
FILM SCREENING  
7:00p - 8:15 p  
Q&A with Director/Producer Colette McInerney  
RIFLE MOUNTAIN PARK  
CLIMBING PANEL  
8:15p - 9:00p Members of the Rifle Climbers Coalition & professional climbers

EVENTS CONNECTION P. 19  
CONTINUED

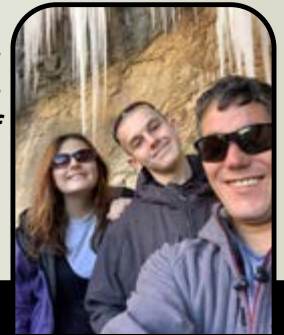
Publishing two monthly magazines is no joke. There is a lot of work behind the scenes most people don't know about. In my quest to publish across the Western Slope, the most important thing was left out; a life outside of work.

It was a pleasure making new connections in Garfield County, and the adventure was amazing; however, time is more precious than the satisfaction of publishing twice per month. After spending my whole life in Mesa County, the opportunity to explore Garfield never presented itself. Well, it was my intention to explore Garfield County, and that is exactly what happened!

Besides Rifle Gap & Falls, it was a pleasure attending the festivals, and talking with the nonprofit organizations that made these articles work. Without the help of the community, my mom Pam Miera, and my sponsors Garfield County Connection would not have made it this far. Take Care!

## Acknowledgments

**CONTACT**  
970-260-2781  
Sales@MesaConnection.com



## PUBLISHING & DESIGN JESSE FORNWALT

Carbondale has the most unique nonprofit organizations around. From Carbondale Clay Center, to The Gear Library, the wonderful ideas generated there, can no doubt be attributed to the culture of Carbondale, which is submerged in artistic expression.

The Launchpad and Carbondale Arts, walks us through their programs on page 8. We get to learn about the working artist on display, the Sopris Soarers, and Dance Initiative. Classes are available and space is open for rent! Check them out!

Hanging Lake is an iconic destination point, with way too much traffic! That's why, according to the manager of the area, Ken Murphy, it was necessary to restrict access. Find out about *Managed Use Recreational Areas* on page 12.

There is going to be a Vietnam Veteran's Welcome Home & Pinning Ceremony at The Moose Lodge in Grand Junction. If you would like to go, or know someone who would, find out how to RSVP on page 18.



**EDITED BY PAM MIERA**  
Editor@MesaConnection.com

The content of this publication is accurate to the best of our knowledge. Published by County Connection Magazines 2023 All rights reserved.

# PICK US UP AROUND THE COUNTY



## CARBONDALE

ALPINE BANK  
1<sup>ST</sup> BANK  
CITY MARKET  
COLORADO MOUNTAIN COLLEGE  
COMFORT INN & SUITES  
COMMUNITY CENTER

TER  
INDEPENDENCE  
RUNNING & HIKING LIBRARY  
MARBLE DISTILLING & INN  
MING'S CAFE'  
NEPAL RESTAURANT

RANT  
POWERS ART CENTER  
RHINO LIQUORS  
RHUMBA GIRLS LIQUOR  
SOPRIS LIQUOR & WINE  
SOPRIS LODGE  
TOWN HALL

## PARACHUTE

ALPINE BANK  
CHERYL & CO.  
GRAND VALLEY MERCANTILE  
GRAND VISTA HOTEL  
GRAND RIVER HEALTH  
KABLOOM FLOWERS  
LIBRARY  
OLD MOUNTAIN SHIPPING AND GIFTS

## NEW CASTLE

CITY MARKET  
COMMUNITY CENTER  
HOG BACK  
PIZZA  
LIBRARY  
POST OFFICE  
TAPATIO'S  
THE LODGE  
TOWN HALL

## SILT

BURNING Mountain PIZZA  
GOOD 2 GO  
KUM & GO  
LIBRARY  
POST OFFICE  
RED RIVER INN  
SILT TRADE CENTER  
TOWN HALL

## GLENWOOD SPRINGS

ALPINE BANK  
BIG SID'S BOTTLES  
CASUAL CULTURE  
CITY MARKET  
COPY COPY  
CONOCO GRUB N' GAS  
FACTORY OUT-DOOR

DOOR  
GLENWOOD ADVENTURES  
GLENWOOD MUSIC  
HOTEL COLORADO  
HOTEL DENVER  
VALLEY VIEW HOSPITAL

## RIFLE

ALPINE BANK  
BANK OF COLORADO  
CANVAS BANK  
CITY HALL  
CITY MARKET  
COLORADO MOUNTAIN COLLEGE  
KUM & GO  
LIBRARY  
ROCKY MOUNTAIN LIQUORS  
RIB CITY  
STARBUCKS  
SUPER KIDS  
TIMBERLINE SPORTING GOODS  
WING NUTS BAR & GRILL  
YOUTH ZONE



## SUP PADDLE BOARD SALE!

UP TO 30% OFF POPULAR BRANDS!  
DefianceCyclery.com

303 B W. MAIN ST.  
NEW CASTLE  
970-984-7022



## RESIDENTIAL & COMMERCIAL

Carpet · Hardwood · LVT · Laminate · Rubber Flooring  
SALES · INSTALLATION · REPAIRS · BINDING

### Summer Sale

Mohawk Smart Strand - Forever Clean  
Masland, Anderson, Fabrica, Antrim & More

**970.963.7472**

## LAZY BEAR RESTAURANT

### Always Open For Breakfast!



**Breakfast**  
Mon - Sat 7am - 2pm  
Sunday 8am - 2pm

**Lazy Bear Restaurant**  
285 W. Main St.  
New Castle  
970-984-2327

**Now Open for Dinner!**  
Thursday - Saturday  
5pm - 9pm

**Enjoy 1/2 OFF margaritas**  
1 Per Customer, per Night.  
**1/2 OFF Calamari**  
1 Per table, per night.

# Art Center Spotlight *The Launchpad & Carbondale Arts*

If you're from Carbondale, you probably already know. The Launchpad is a staple in the community. For more than 50 years, this place has been providing the area with a remarkable location to bring Art & Culture alive in the surrounding community!

Founded in the early 70's by community members who knew the importance of promoting a vibrant art scene in Carbondale, The Launchpad and Carbondale Arts, combine teaching, creating and selling local art under one roof. They house several entities in the industry, such as the Dance Initiative. It also offers space for various performing arts, displays local fine arts and has a wonderful garden and mini amphitheater in back.

Carbondale Arts and Dance Initiative are the facilitator of The Launchpad, a nonprofit organization who believes in building partnership, "Collaboration with local governments, schools, artists, businesses and other nonprofits are the key to our mission: building community through art"<sup>1</sup>. They rent space for The Launchpad, act as the Art Counsel for Carbondale, and liaison for events, such as Mountain Fair.



Photo Courtesy of Carbondale Arts



up a big section of the building, and are the primary renters. They are instructing classes through October, and if you aren't up for trying it out, they invite you to watch. They perform at various events and festivals, including Mountain Fair, which happened in the later part of July, or you can just come by The Launchpad when they are practicing.

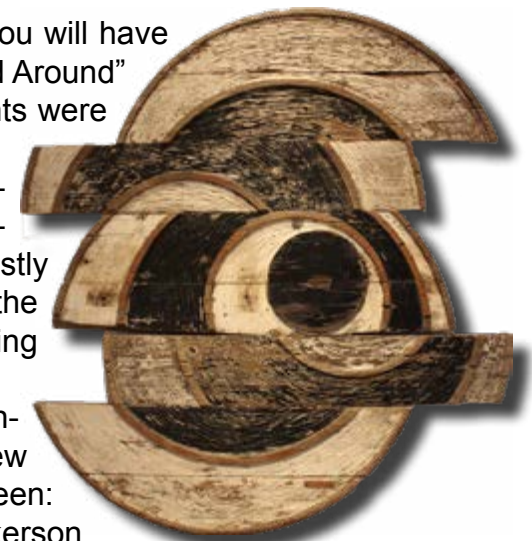
Inside you will also discover a fine arts gallery and promenade, which displays local artists' creations for sale. Justin Squier's art, on the bottom right, is just one of several artists you will have check out for yourself. Titled "Round and Around" the "vintage wooden sign" piece elements were acquired in Fruita.

The "Artique" gift shop, in the middle, allows the opportunity to buy a souvenir. All the items are unique and mostly made locally. The funds go back into the program and you'll be helping a working artist.

If you haven't been to The Launchpad, August is the perfect time. The new exhibition coming up is: "Seen/UnSeen: an invitation to presence" by Staci Dickerson, Shelly Franklin, & Brenda Peters. For more information and to see other upcoming exhibitions go to:

<https://www.carbondalearts.com/gallery>

1) <https://www.carbondalearts.com/about-support>



Photos Courtesy of Carbondale Arts



Upon entering the building you may be curious about the drapes hanging from the ceiling. The spry lady above, and gentleman below, are members of the Sopris Soarers. The aerial acrobats take



Carbondale Arts



# Medicare



SCAN ME



## Daniel Jones Insurance

MEDICARE | LIFE | HOSPITAL | DENTAL

DanielJonesInsurance.com (970) 300-1988



### Colorado Association of Realtors 2019 / 2020 Realtor of the Year for the State of Colorado

#### BOB FULLERTON

MANAGING BROKER  
ABR e-Pro GRI QSC

*Proudly Serving  
the Western Slope!*

900 Airport Road Unit 2  
Rifle CO. 81650  
M: 970.618.7649  
O: 970.945.9060

BFullerton@NewAgeRE.com

[www.NewAgeRE.com](http://www.NewAgeRE.com)



2023

**Market on Main**

**THURSDAYS at 5:30PM**

**JUL 06 TO SEP 21**  
*Grand Junction*

SCL Health ST. MARY'S Now Intermountain Healthcare

DOWN TOWN GRAND JUNCTION

**GET YOUR WORD OUT ACROSS THE WESTERN SLOPE**

*Mesa & Garfield County*

**CONNECTION**

May 2023 May 2023 June 2023

CONNECTING COMMUNITY

**970-260-2781** **Call for pricing**

**CCmagazines.com**

Connecting Community

# HANGING *Lake*

If you don't know Hanging Lake and live in Garfield County, it's possible you live under a rock! Located about halfway through Glenwood Springs Canyon, is a place known to most around the Western Slope. It might be out of the way, and you have to plan in advance, sometimes a week or two, but Hanging Lake is worth the visit!

It had better be the central part of your day, because there is no return to east bound I-70. This magnificent place, which is no joke getting to, needs reservations! They go quick too. If you want an early morning venture on this trail, you might have to plan weeks in advance.

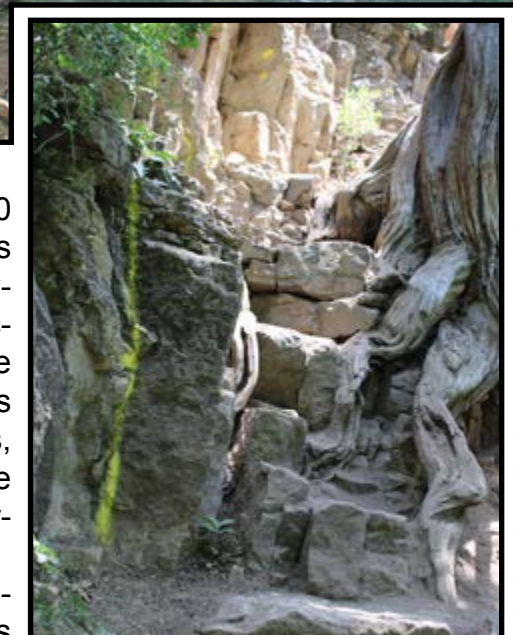
Of course, when you have a place like this, it will knowingly attract people from all over. Because it is now an iconic destination point, as Ken Murphy from Glenwood Adventure points out, access to the location needed to be regulated.

Ken and Glenwood Adventure have been managing the area along side the U.S. Forest Service since 2019. Ken says, "the place had become so congested, that it was necessary to turn

it into a *managed use recreation area* so everyone could have the opportunity to enjoy it."

It is still busy, but because they only allow 60 reservations per hour, you are periodically left alone with nature. There were no local visitors, everyone passing by said they were from out of town. Above and to the right are Gina and Gary from Breckenridge. This was their first time, but recommended taking the time to enjoy Spout Waterfall. They plan on returning, and didn't mind that it was a managed access area.

The cost is \$12 per person and the funds go to help manage the area, and to the U.S. Forest Service to upkeep the trail. There are many restrictions, which you will see when making your reservations, and will also be reiterated to you once



you get there.

It is quite the hike, more than 1,000 feet in just over a mile. The treacherous terrain and slick rock might not be for everyone; however, there are plenty of places to sit along the way, and appreciate the breath taking beauty. There are waterfalls all along the trail, as well as historical facts, and information on this small cabin to the left, which housed some of the earlier forest tenders.

The way down is faster, and somewhat scary; however, the decline angle is welcome after such an elevated journey. Descending the stair case might give you vertigo, but there is a handrail, and even though it looks a hundred years old, it's still strong as ever.

The pictures are gorgeous. Nothing beats visiting it in person though. Take the time and go to: [www.VisitGlenwood.com](http://www.VisitGlenwood.com) and reserve a spot for you and your family to explore Hanging Lake.

**ENTER FOR YOUR CHANCE TO WIN  
\$1,000 SERVICE GIVE AWAY!**



**ABOVE ALL WINDOW CLEANING & SERVICES**

Carpet Cleaning, Window Cleaning, Vent Cleaning,  
Home Sanitation, Blind Dusting & Minor Repairs.



**Get any services in August & be  
entered to win \$1,000 worth of the  
same great services!**

**Call us today! 970-464-1400**

You can also go to our website to find great monthly deals.

**www.AboveAllPro.com**

**Silt**

**August 2**

**Music At The Market**

4:30 - 7:30pm  
Veteran's Park  
500 Home Ave Silt

Come join the Town of Silt as they host Music at the Market featuring Oran Mor.

**August 4**

**Shake Your Sillies Out**

10:30am  
Silt Library  
680 Home Ave, Silt, CO

Join us for a music and movement time with Mr. Paul! We'll have fun dancing to the Hokey Pokey, Chicken Dance, and other healthy music for the heart, mind, body, and soul.

**August 4**

**Meal Monkey**

11:30am  
Silt Library  
680 Home Ave, Silt, CO

Garfield County Libraries is pleased to partner once again with Meal Monkey to provide weekly free USDA-sponsored meals to youth.

**August 9**

**Music At The Market**

4:30 - 7:30pm  
Veteran's Park  
500 Home Ave Silt

Come join the Town of Silt as they host Music at the Market featuring Hannah Haupt.

**August 15**

**Learn to Play the Ukulele**

6:30pm  
Silt Library  
680 Home Ave, Silt, CO

Adults are invited to learn how to play the ukulele from local music teacher Jeff Van Devender

*Events*  
**CONNECTION**

**August 16**

**Music At The Market**

4:30 - 7:30pm  
Veteran's Park  
500 Home Ave Silt

Come join the Town of Silt as they host Music at the Market featuring Stone Kitchen.

**August 19**

**SILT HEY DAYS**

8am - 5pm  
Veteran's Park  
Silt

Silt Heyday is entering its 53rd year and has moved back to Veteran's Park in old Town Silt. We are looking for local vendors (food, arts & crafts,

**August 23**

**Music At The Market**

4:30 - 7:30pm  
Veteran's Park  
500 Home Ave Silt

Come join the Town of Silt as they host Music at the Market featuring Jeff Wold.

**August 24**

**Recycling: Let's Do It Right**

6:30pm  
Silt Library  
680 Home Ave, Silt, CO

Do you want to recycle, but don't know the basics? Or do you put out curbside recycling every week, but still have questions how to handle certain items? Join Heather Haffener from Mountain Waste & Recycling

**August 30**

**Music At The Market**

4:30 - 7:30pm  
Veteran's Park  
500 Home Ave Silt

Come join the Town of Silt as they host Music at the Market featuring Colorado Curry Duo.

*Calendar*



## New Castle

**August 3, 10, 17, 24, 31**

### Community Market

4:30 - 7pm

Burning Mountain Park  
New Castle

**August 4**

### New Castle Dirty Dozen 10K Trail Race

5pm

627 N Wildhorse Drive  
New Castle

10k with 1,100 feet of climbing with a start at VIX Ranch Park. 10k trail running race

1st place male and female: \$350

2nd place male and female: \$150

3rd place male and female: Swag prizes

**August 4, 5**

### Rides and Reggae Mountain Bike Festival

5 - 10pm

VIX Ranch Park The New Castle Rides and Reggae And A Little Bluegrass Festival is a celebration of trail running, mountain biking, music and community

**August 5**

### Clases Basicas de Computacion Para Adulto

11am

New Castle Library  
402 W Main St, New Castle

Aprende habilidades básicas de Computación.

**August 12**

### Pyro's Trail Run

8:30am

12001-12181 New Castle Buford Road  
New Castle, CO

In memory of Capt. William "Pyro" DuBois who died defending our country when his F16 crashed in the Middle East on 12/01/14. All proceeds from the race go to Pyro's Wings Scholarship which provides financial support to future fighter pilots.

\$35

**August 16**

### Pilates

1:30pm

New Castle Library  
402 W Main St, New Castle

Join us for six weeks of Pilates with certified instructor Kelley Cullen. This class is for adults and is adaptable for all who wish to improve their flexibility, strength, and body awareness through controlled movements. Please arrive five to ten minutes before class starts and wear flexible clothing. All participants will need a mat and a water bottle.

**August 5**

### New Castle Conversations

6pm

New Castle Library  
402 W Main St, New Castle

Please join our round table-conversation with refreshing beverages where our local leaders will discuss their roll in the Community

## Parachute

**August 3**

### Songs in the Wind

11:30am

Parachute Library  
244 Grand Valley Way, Parachute  
A musical dance, play, and learn adventure for kids! Musical group Oran Mor will guide listeners on an interactive tour exploring the language of music.

**August 5**

### Cozy Crochet Corner

2pm

Parachute Library  
244 Grand Valley Way, Parachute  
Whether you have never crocheted and want to learn, or you've been making crochet crafts for years and would like to share with others, this is the place for you!

**August 5, 12, 19, 26**

### Farmer's Market

9am - 1pm

1st Parachute

During the growing season, the Town of Parachute hosts a Farmer's Market featuring local produce.

**August 18, 19, 20**

### Grand Valley Days

Friday 5 - 10pm - Sunday 1pm

Cottonwood Park & Rodeo Arena

100 La Plata Cir Parachute

Grand Valley Days is an annual summer celebration that has been a community tradition for over 100 years!

**August 21**

### Star Mountain Kids Night Out

11:30am

Parachute Library  
244 Grand Valley Way, Parachute  
JDesign and construct a star mountain rollercoaster, play with galaxy slime, and enjoy pizza and drinks while supplies last!

**August 4, 11, 18, 25**

### Farmer's Market

4 - 8pm

Heinze Park  
612 Railroad Ave, Rifle, CO

During the growing season, the City of Rifle hosts a Farmer's Market featuring local produce and music.

**August 5**

### Medicare 101

11am

Rifle Library  
207 East Ave, Rifle

Aurora McCarroll of Bridlewood Insurance will be at the library to present an introduction to Medicare parts A,B,C

**August 6**

### The Queen Bees

11am

Bookcliffs Arts Center  
1100 E 16th St, Rifle

Hilltop Concert Series. Every summer, the Bookcliffs Arts Center has sponsored a summer concert series

**August 12**

### Kids Paint and Sip

1 - 4pm

Bookcliffs Arts Center  
1100 E 16th St, Rifle

You are welcome to bring your children for an afternoon of art and drinks!

**August 14**

### Reiki I & II with Certificate

5 - 7pm

Divine Moon in Rifle, Co  
1248 1/2 Railroad Ave, Rifle, CO

The complete cost is \$250

## Rifle



**BRICKHOUSE**  
ITALIAN RESTAURANT

Silt  
820 Main St. Silt CO. 81652  
970-876-2222

Rifle  
100 E. 3<sup>rd</sup> St. Rifle, CO. 81650  
970-625-1222

[www.Brickhouse-Pizzeria.com](http://www.Brickhouse-Pizzeria.com)



Drifters

Coffee & Fly Shop  
331 Main St. New Castle  
970-984-7013

**Serving Beer, Wine,  
Spirits & Fun!**

# Vietnam Era Veterans' WELCOME HOME & PINNING CEREMONY



Held at the Grand Junction Moose Lodge

Anytime is great to celebrate the people who defended freedom across the seas. This Vietnam era of selfless heroes deserve continued recognition. As history moves forward, it's crucial to appreciate the individuals who sacrificed for our country!

Returning from Vietnam, these Veteran's didn't face parades or gratitude. People were protesting, and half the country didn't believe in the war we were engaged in. Some were drafted, some went willing; all gave up pieces of their lives and freedom for the cause. Regardless of beliefs, they did their duty and should be recognized!

As a new member of the Moose Lodge in Grand Junction, Courtney Webb noticed just how many Vietnam Era Veteran's there were on the Western Slope. She identified this with help

of Humana, an insurance company who sponsors similar events in other cities and states. In collaboration with Courtney, Humana and Raven & Wolf Benefits Ltd. have started the very first Vietnam Veteran's Welcome Home & Pinning Ceremony.

Come help us salute our Veteran's:

**Wednesday September 27<sup>th</sup>**  
**5:30pm at the Grand Junction**  
**Moose Lodge.**  
**RSVP Courtney**  
**by 9/13/23**  
**970-822-2123**  
**[www.RwBenefitsLtd.com](http://www.RwBenefitsLtd.com)**



Humana.

## Rifle continued

**August 18**

**MGP Presents:**  
**THE WAILERS**

7:30pm

Ute Theater

132 E 4th St Rifle

Ladies and gentlemen, get ready to experience the iconic sound of The Wailers live in concert! This is your chance to witness the magic of their timeless classics and incredible cuts from Bob Marley's vast repertoire in a set that is truly unforgettable.

\$38 - \$65

**August 18**

**SPARK**

11:30am

Rifle Library

207 East Ave, Rifle

School-age kids are invited to join your friends at the Rifle Branch Library to SPARK your imagination by building, creating, exploring, and inventing together!

**August 19**

**An Evening of Songs and Stories with John Oates Featuring John Michel**

7:30pm

Ute Theater

132 E 4th St Rifle

John Oates is known as one half of the best-selling duo of all time, Hall & Oates, as well as an accomplished solo artist.

\$50 - \$65

**August 20**

**Garfield County Westernaires Show**

5 - 9pm

Garfield County Fairgrounds & Events Center

1001 Railroad Ave, Rifle

Produced by justicecry.com, the Ride For The Voiceless is a special event to help raise awareness about the horrific realities of human trafficking.

\$5

# Events CONNECTION

**August 26**

**Party For The Park**

7pm

Ute Theater

132 E 4th St Rifle

PRETTY STRONG

FILM SCREENING

7:00p - 8:15 p

Q&A with Director/Producer Colette McInerney

RIFLE MOUNTAIN PARK

CLIMBING PANEL

8:15p - 9:00p Members of the Rifle Climbers Coalition & professional climbers provide information, updates, & news about Rifle Mountain Park.

\$15

**Family. Friends. Community.**  
*Se Habla Espanol*



Being a good neighbor means being there for your my community. As your local State Farm Agent, I'm ready to help whenever you need me. Give me a call.

*Proud supporter of the Garfield County Fair!*

Amy Baysinger Ins Agency Inc  
 Agent

1530 Railroad Ave. Unit B Rifle CO  
 970-625-5678

Amy@MyRifleAgent.com  
 State Farm, Bloomington, IL.

*Continued*

# Alley Katz Tattoo & Piercing



**Booking Today!  
Call  
970-589-4204  
761 Rood Ave.  
Grand Junction**

*Available 7 days a week*

Call for your  
appointment  
today!  
Bring this ad  
for \$10 off any  
piercing in July.



## Glenwood Springs

**August 1, 8, 15, 22, 29**

**Farmer's Market**

4 - 8pm

Downtown, on 7th Street, Glenwood Springs

Produce, artisans, hot food vendors. Live music. Double the value of EBTs up to \$20 each week. Tokens can be purchased with credit cards that are accepted by all vendors.

**August 4, 5**

**Glenwood Vaudeville Revue Show**

6pm

Glenwood Vaudeville Revue

915 Grand Ave, Glenwood Springs

The Vaudeville Revue Is The Perfect Place To Bring Family & Friends For A Night On The Town!

**August 5, 12, 19, 26**

**Music On The Mountain 2023 Concert Series**

6 - 9pm

Glenwood Caverns Adventure Park

51000 Two Rivers Plaza Road, Glenwood Springs

Each date of the series will feature a different local band and sponsor a different local non-profit. Tickets up the gondola after 4PM are discounted to \$5

**August 5**

**RiverFEST 2023 - Annual Cleanup along the Colorado & Roaring Fork Rivers**

9am - 3pm

RiverFEST is an annual float/walk river cleanup along the Colorado and Roaring Fork Rivers corridor in Glenwood Springs

**August 8**

**Tai Chi in the Park**

9 - 10am

Sayre Park

1702 Grand Ave, Glenwood Springs

Qi Gong/Tai Chi with John Norton. Rain or shine. All levels welcome. No registration required. Donations accepted.

**August 8**

**Clay Daze for Teens**

1 - 4pm

Glenwood Springs Community Art Center

601 E 6th St, Glenwood Springs

Learn the basics of Clay of working with the wheel! \$200

**August 10**

**Serving the Homeless**

9:30 - 10:15am

First Presbyterian Church

1016 Cooper Ave, Glenwood Springs

On Thursday mornings we gather in the church kitchen to prepare sack lunches for the homeless.

**August 12**

**Daring Women and Water**

3:45 - 6:15pm

Defiance Rafting Company

1308 Co Rd 129, Glenwood Springs

This is the perfect event for cooling down and connecting with other awesome women. \$50

**August 12**

**Rolling Toy Pickup Truck**

10am

Lowe's Home Improvement

215 W Meadows, Glenwood Springs

Open the tailgate and unload the fun for this Kids Workshop. Your mini-DIYer will build their own little Pickup Truck toy using real tools.

For more info call (970) 384-3940

**August 18**

**Your Story, Your Life**

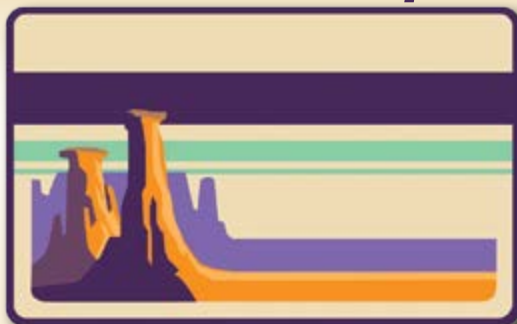
10am

Glenwood Springs Library

815 Cooper Ave, Glenwood Springs

Are you interested in journaling, writing poetry, prose or memoir? Join us in a welcoming setting to support and nurture your unique expression. All adults are welcome.

**Ready to work with an actual person?**



**MONUMENT PAYMENTS**

**Credit card processing and POS program.**

**Providing LOCAL merchants with state of the art payment processing solutions.**

**No contract - Competitive pricing - FREE POS program**

**Cash Discount Program - Local On-site Service -**

**Technology Custom for your Business**

**970-260-2781**

**JoFornwalt@msn.com**

**MonumentPayments.com**

*Continued*

**Connecting Community**

## Carbondale

**August 2, 9, 16, 26, 30**

### Farmer's Market

10am - 3pm

Carbondale Farmers' Market

100 S 4th St, Carbondale, CO

Come shop all the fresh local produce at the Carbondale Farmer's Market!

**August 2**

### Stem Exploration Hour with Aspen Science Center

3:30pm

Carbondale Branch Library

320 Sopris Ave, Carbondale, CO

The Aspen Science Center provides quality, fun, hands-on STEM programming during these one hour sessions for families and all ages of youth looking for an exciting science experience.

**August 2**

### Kids Art Tent — Powers Art Center

11am - 4pm

Powers Art Center

13110 CO-82, Carbondale, CO

30 minute craft sessions - children must be accompanied by an adult - Free and open to the public - No reservations necessary, simply stop by!

**August 2, 3**

### Beauty and the Beast Jr.

Wednesday 1 pm

Thursday 7 pm

Thunder River Theatre Company

67 Promenade, Carbondale, CO

\$10 - \$20

**August 5**

### Crafts for Kids with Carbondale Arts

10:30am - 11:30am

Carbondale Branch Library

320 Sopris Ave, Carbondale, CO

Crafts for Kids with Carbondale Arts Young children (K-3) and their accompanying adults are invited to arts and crafts!

**August 7 - 9**

### Bike and Paint Camp: Girls 8-12

8:30am - 3:30pm Saturday

Coal Basin Ranch

Coal Creek Rd, Carbondale

Bike + Paint Summer camp is a unique offering for Girls age 8-12 who love art and bikes, being outside, and having fun!

\$295

**August 10**

### The Narrative Enneagram

5:30 - 7:30pm

True Nature Healing Arts

100 N 3rd St, Carbondale

Enneagram: (pronounced "ANY-a-gram") is a powerful personality system that describes nine distinct and fundamentally different patterns of thinking, feeling, and acting.

\$45

**August 12**

### Inner Sanctuary Evening Retreat

3 - 5pm

True Nature Healing Arts

100 N 3rd St, Carbondale

Immerse yourself in a special escape to release, rejuvenate and replenish your body, mind, and Spirit.

\$60

**August 17**

### Third Thursday Book Club

2pm

Carbondale Branch Library

320 Sopris Ave, Carbondale, CO

Hey book lovers of Carbondale! Join us to explore a mix of fiction and non-fiction, covering a broad range of genres.

**August 18**

### Golden Oak

8 - 11pm

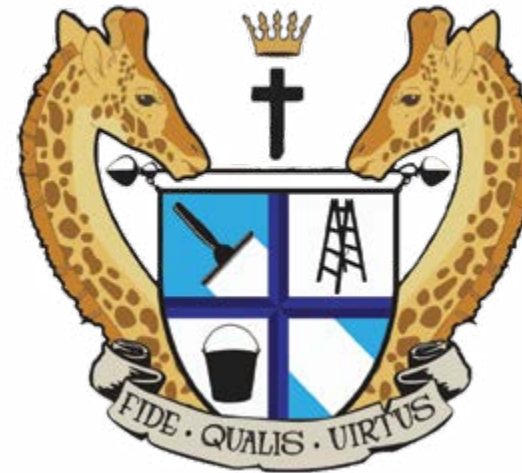
Steve's Guitars

19 N 4th St, Carbondale

Reminiscent of a late 1960s

\$20 - \$25

# DON'T RISK A FALL, CALL ABOVE ALL!



## 970-464-1400

*The best quality,  
The best price.  
You deserve the best!*

10% OFF for Seniors & Veterans

## ABOVE ALL

## WINDOW CLEANING & SERVICES

# Buy 1 Get 1 Free

Get any service in the month of August and get a free service at the time of appointment!

## Monthly Service Plan

# \$145 FOR ALL SERVICES!

Call for details!

# 25 FEET Gutter Cleaning

with any window job. \$150 value

With Coupon. Not valid with other offers.

## www.AboveAllPro.com

# FEEL LIKE A PERSON, NOT JUST A PATIENT.



COLORADO  
**FOOT & ANKLE  
WELLNESS**



- **Xrays**
  - **Custom Orthotics**
  - **Wart Treatment**
  - **Ingrown Toenails**
  - **Surgical Correction of deformities**
  - **Ulcer Care**
  - **Nail / Callus Care**
  - **Steroid Injections**
  - **Fracture Care**
  - **Sports injuries**
  - **Plantar Fasciitis**
  - **Diabetic Foot Care**
  - **CAM Boot / Fracture Walking Boot**
- Complete foot & Ankle Care
  - Same day/next day appointments
  - More time with your physician resulting in better quality care
  - Fair & Transparent pricing
  - No referrals or pre-authorizations needed. Insurance not accepted



We are pleased to welcome Dr. Anna Moore!

LEARN MORE AT [COFAWELLNESS.COM](http://COFAWELLNESS.COM)

SPORTS MEDICINE • CUSTOM ORTHOTICS • TRAUMA & INJURY  
BUNIONS & HAMMERTOES • DIABETIC FOOT & ANKLE CARE  
WART, CALLUS & NAIL CARE • X-RAYS & SO MUCH MORE!



**(970) 433-7547**

241 Grand Ave, Suite #3  
Grand Junction, CO

**\$50**  
X-Rays!

**60 MINUTE INITIAL CONSULTATION**

EXAM & TREATMENT PLAN \$250

**90 MINUTE CONSULTATION**

FOOT & ANKLE X-RAYS, EXAM AND TREATMENT PLAN \$400

*Call today to  
schedule your  
consultation!*