

August 2023

VOLUME 3, ISSUE 1



Mesa County CONNECTION

CONNECTING COMMUNITY

- MANDALA STONES -
- VIETNAM VETERANS' PINNING CEREMONY -
- COTTONWOOD BEAUTY VS. HUMAN **STUPIDITY** -
- HANGING LAKE -
- EVENTS CONNECTION -



WESTERN SLOPE

6TH ANNUAL

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Join us & bring the whole family for an afternoon of fun & food! If you're in recovery, come meet others. Learn about recovery & local resources

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AUGUST 2023



CREATING IN RECOVERY
MANDALA STONES P. 8



VIETNAM VETERAN'S
WELCOME HOME & PINNING P. 9



COTTONWOOD BEAUTY
VS. HUMAN STUPIDITY P. 12

house25sixty-five Kitchen + Bar
5 American Way, Grand Junction
Y YOU... Yeah YOU * ya READY
GET WESTERN? LENDON plays 2
ds of music COUNTRY & WESTERN
REE SHOW**

August 4
NDON JAMES
11:30pm
rehouse25sixty-five Kitchen + Bar
5 American Way, Grand Junction
Y YOU... Yeah YOU * ya READY
GET WESTERN? LENDON plays 2
ds of music COUNTRY & WESTERN
REE SHOW**

August 6
NICK HOFF
7pm
Mesa Theater
538 Main St, Grand Junction
Nick Hoff is a nationally touring stand-up
comedian who has been on MTV, co-hosted
a weekly show on SiriusXM, and was in
Netflix's "Wild West Comedy Fest"
\$20 - \$25

August 6
OZOMATLI
7pm
Mesa Theater
538 Main St, Grand Junction
\$30 - \$35

Calendar Connecting Community

EVENTS CONNECTION
CONTINUED P. 15



PALISADE & FRUITA
EVENTS CONNECTION P.21

P.19 HANGING
LAKE

st Palisade this summer and enjoy the
Sunday Farmers' Market. Local vendors
supply fresh produce and an array of
unique artisan products. Make a day of it
and grab a bite at one of the local, rotating
food trucks, or dine street-side from newly
constructed restaurant parklets.

August 12
Cup-A-Jo - Band in the Barrel Music
Series
1:30 - 5pm
Restoration Vineyards
3594 E 1/2 Rd. Palisade, CO
We are excited to welcome Cup-a-Jo for
this Band in the Barrel Concert.

August 11, 12, 13
Bangin' & Twangin'
Friday 8am - Saturday 5pm
Cameo Shooting and Education Com-

Riverbend park, Palisade.
Experience Palisade Peaches at their finest
during Peach Festival weekend, August
18th-19th, 2023. The 55th Annual
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Don't think just because we had a great winter, it's okay to be less vigilant about wildfires. It's so important to make sure your fire is out, and properly cleaned up. It's still dry, and the slightest human mistake could ruin it for everyone!

It's been a great couple of years for Mesa County Connection. It's my pleasure to thank the sponsors who helped make this magazine a success, as well as my mom Pam. I would also like to thank the people who work off the page. They get me information and help make the articles worth reading. They are your friends and neighbors that run events, have knowledge of the area, and are experts in their field. These unnamed people go out of their way to help, even if at the last minute.

Acknowledgments

CONTACT
970-260-2781
Sales@MesaConnection.com



PUBLISHING & DESIGN JESSE FORNWALT

Recovery is not the easiest thing. There are all sorts of hindrances one can stumble upon in their journey. If you are starting, continuing, or have family members in recovery, we have the perfect place for you to visit. Peer 180 is a nonprofit organization started in 2021. They are open to all and have scheduled events every month. We start August off with one of their weekly events, Creating In Recovery. They use different art to help calm and heal. Mandala Stones have an ancient healing history, and we urge you to see them on page 8, or visit their 6th annual recovery rally happening September 9th, which we seen on page 2.

Raven & Wolf LLC is hosting an event at the Moose Lodge September 27th as well. They would like to invite Vietnam Veteran's down for a Welcome Home & Pinning Ceremony, which you can see more about on page 9.

Our wonderful Mesa is not a dump, or place for people to become unaware of their surroundings! We would like to take you on a trip to Cottonwood Lake number 1 and share a reminder that should be intrinsic knowledge!

We couldn't help, but put Hanging Lake in this

issue. Even though it is in Garfield County, we had to share the majesty, and let you know to plan ahead. Reservations are required, and there are many restrictions aimed to manage use.



EDITED BY PAM MIERA

Editor@MesaConnection.com

Connecting Community

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PICK US UP AROUND THE VALLEY



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FRUITA

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Mesa & Garfield County **CONNECTION**



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Mandala Stones



Creating In Recovery

Mandala Stones are the perfect way to bring a healing community together. Peer 180 RCO (Recovery Community Organization-& Center) is a non-profit organization dedicated to recovery, support and community. This unique, all-inclusive program, is here for anyone struggling with substance abuse issues and their families and supporters. The opposite of addiction is connection.



The Creating in Recovery Program recently created stone mandalas. The word "Mandala" is originally a Sanskrit term for "circle". The contextual meaning is deeper than one typically imagines. Geometric symbols are used for a spiritual, emotional and psychological purpose. This type of art has been used to help people for thousands of years! It can help a person meditate, relax and clear their mind. It's also a great way to include the kids! Peer 180 RCO has a variety of programs to assist people, and support all pathways of recovery.



"If you would like to get into recovery, if you would like to stay in recovery, we'll help and support you". Peer 180 offers One-on-one coaching, the Creating in Recovery Program, All Recovery Meetings, game nights, life-skills education, Parents in Recovery Support group, WellBriety Meetings, Youth Zones at events, community education, Recovery Coach Trainings, warm hand-offs to connect to care, BBQ's, bonfires and dances, to help your recovery process. Or just go hang out with others at the "Station".

There are volunteer opportunities, and your presence would be welcomed.

201 South Avenue (former Union Station Building)

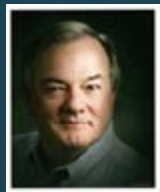
Open -Tues-Friday 11am-7pm & Sat. 12:00 - 4:00

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Vietnam Era Veterans' WELCOME HOME & PINNING CEREMONY



Held at the Grand Junction Moose Lodge

Anytime is great to celebrate the people who defended freedom across the seas. This Vietnam era of selfless heroes deserve continued recognition. As history moves forward, it's crucial to appreciate the individuals who sacrificed for our country!

Returning from Vietnam, these Veteran's didn't face parades or gratitude. People were protesting, and half the country didn't believe in the war we were engaged in. Some were drafted, some went willing; all gave up pieces of their lives and freedom for the cause. Regardless of beliefs, they did their duty and should be recognized!

As a new member of the Moose Lodge in Grand Junction, Courtney Webb noticed just how many Vietnam Era Veteran's there were on the Western Slope. She identified this with help

of Humana, an insurance company who sponsors similar events in other cities and states. In collaboration with Courtney, Humana and Raven & Wolf Benefits Ltd. have started the very first Vietnam Veteran's Welcome Home & Pinning Ceremony.

Come help us salute our Veteran's:

**Wednesday September 27th
5:30pm at the Grand Junction
Moose Lodge.**

**RSVP Courtney
by 9/13/23**

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We are very lucky to live in a place close to majestic beauty that spans as far the eye can see. In any part of our great county, we have the opportunity to see and interact with nature in a way most people are unable to. It's our duty to make sure the places we go, stay pristine in the face of a growing population.

People are fishing, boating and swimming. They are busy with the excitement of being in the great outdoors! The previous winter has left the land looking lush and green. On a clear day like this at Cottonwood Lake, it's easy to leave all your worries and concerns in town. Look to your left and you might see our state flower, the Columbine, blooming in every slightly shaded place.

Keep your vision open for the abundant wildlife frolicking boundlessly through the forest that seems to never end.

To think that some inherent etiquettes are not present with all humans when visiting recreational areas, is frustrating! It's baffling to think someone could look at the above scene and not have at least a small thought of conservation. Most people are great, but there may be some forgetful ones, or even some unconcerned.

There is absolutely no excuse for being so careless as to leave the trash you brought, or not manage your campsite in a way that is conducive to fire prevention. It should be common sense.

Everyone loves to enjoy the Mesa. It's



Cottonwood Beauty Vs. *Human Stupidity*

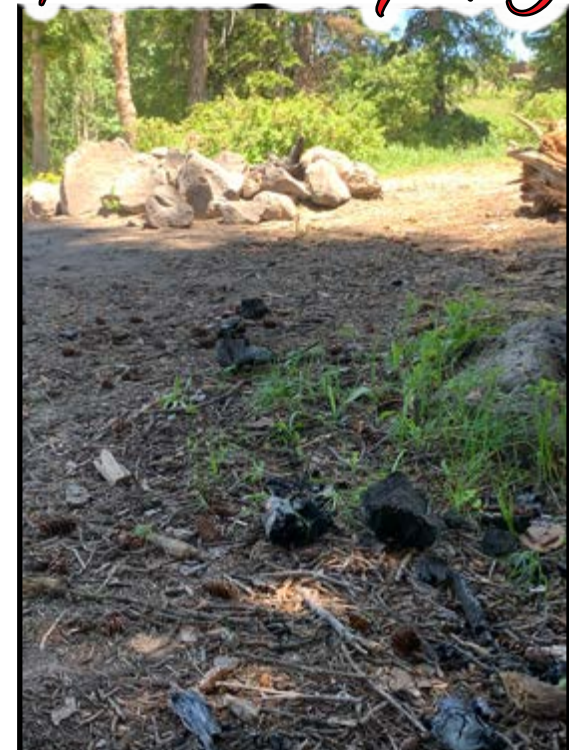
not only a wonderful place to camp, but also a major source of water for all of us. To ruin this sacred ground, is to ruin it for everyone else! A good motto to live by is "always leave a place better than you found it".

This rant is brought you by the fact of stumbling upon someone's campsite with a fire pit strewn about, embers smoldering on a trail not far, and anger for anyone so distracted with their own life to make sure their area is secure.

This fire pit to the right, not far from the shores of Cottonwood Lake number one, is a disgrace and disservice to your forest and fellow campers. Half burnt timber left in places known to be dry, and prone to wild-fire, is beyond ignorant. There is already plenty that could happen without someone absentmindedly leaving super dry tinder around.

Not far from that camp, is trail wrapping around the lake. It's lined with a tree rotted to the point of turning to saw dust. In the middle, small embers were smoldering. Admittedly, it could have been natural; however, with the messy camp less than a football field away, the probability that it was a human, is more realistic.

Not only that, people's by-products, from having fun, were just left behind, adding to the evidence that stupid people still visit the Mesa. Nothing is more irksome than leaving a mess for others to clean up. Now our duty is no longer just cleaning up after ourselves. We have others to worry about. The only way to get through to these people, is by educating them. Unfortunately it's mostly done when nobody is there to check balances.



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August 2

ANDY FRASCO & THE U.N.

7pm

Mesa Theater

538 Main St, Grand Junction

For better or worse, Andy Frasco has been married to the music industry since before he could grow facial hair.

\$22 - \$25

All ages!

August 3

An Evening with Jorma Kaukonen of
Hot Tuna

7pm

Avalon Theatre

645 Main Street Grand Junction

A pioneer of San Francisco psychedelia, Jorma Kaukonen is a bonafide graybeard folk swami.

\$27.50 - \$255

August 4

LENDON JAMES

9 - 11:30pm

Warehouse25sixty-five Kitchen + Bar

2565 American Way, Grand Junction

HEY YOU... Yeah YOU * ya READY TO GET WESTERN? LENDON plays 2 kinds of music COUNTRY & WESTERN
FREE SHOW

August 4

LENDON JAMES

9 - 11:30pm

Warehouse25sixty-five Kitchen + Bar

2565 American Way, Grand Junction

HEY YOU... Yeah YOU * ya READY TO GET WESTERN? LENDON plays 2 kinds of music COUNTRY & WESTERN
FREE SHOW

August 5

Western Slope JR Rodeo

8am

Fairgrounds (Facility)

2785 US-50

Grand Junction, CO 81503

For more information contact McKenzie Siersma @ (970)623-9406

August 5

Grand Junction Reptile Expo Show Me
Reptiles Show

10am - 3:30pm

Grand Junction Convention Center

159 Main Street Grand Junction.

\$10 - \$15

August 5

OLAND TUCKER

10am - 3:30pm

9 - 11:30pm

Warehouse25sixty-five Kitchen + Bar

2565 American Way, Grand Junction

He's BACK and he's bringing the BAND with him

FREE SHOW

August 6

NICK HOFF

7pm

Mesa Theater

538 Main St, Grand Junction

Nick Hoff is a nationally touring stand-up comedian who has been on MTV, co-hosts a weekly show on SiriusXM, and was in Netflix's "Wild West Comedy Fest"

\$20 - \$25

August 6

OZOMATLI

7pm

Mesa Theater

538 Main St, Grand Junction

\$30 - \$35



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Grand Junction

August 11

A night with **THE LONG RUN** at the **CLUBHOUSE 25** on the grass
 7 - 10pm
 Warehouse25sixty-five Kitchen + Bar
 2565 American Way, Grand Junction
 \$15

August 11

Lance Burton and Friends
 8 - 11pm
 Avalon Theatre
 645 Main Street Grand Junction
 \$25 - \$103

August 11

EMO NIGHT BROOKLYN
 7pm
 Mesa Theater
 538 Main St, Grand Junction
 A traveling dance party dedicated to celebrating emo & pop punk!
 \$15 - \$18
 All ages!

August 11

The OXYMORONS
 8 - 11pm
 Warehouse25sixty-five Kitchen + Bar
 2565 American Way, Grand Junction
 FREE SHOW

August 12

TAKE ON ME
 7pm
 Mesa Theater
 538 Main St, Grand Junction
 A dance party celebrating the best of 80's **NEW WAVE** music.
 \$15 - \$18

August 12

WARREN ZEIDERS
 7 - 11pm
 Warehouse25sixty-five Kitchen + Bar
 2565 American Way, Grand Junction
 Warren Zeiders was just 22 years old when he signed his first recording contract with Warner Records
 \$25

August 12

Racing in the Rockies Barrel Race
 9am
 Fairgrounds (Facility)
 2785 US-50
 Grand Junction, CO 81503
 Race starts at 11am.

August 14

The Thing
 6:30pm
 Avalon Theatre
 645 Main Street Grand Junction
 \$7

August 17

CODY CANADA & The Departed
 7 - 10pm
 Warehouse25sixty-five Kitchen + Bar
 2565 American Way, Grand Junction
 Always bringing the good vibes he puts on a great show you don't want to miss!
 \$15 - \$25

August 18

BUBBA SPARXX
 7pm
 Mesa Theater
 538 Main St, Grand Junction
 The Country Bumpin' Tour feat. Bubba Sparxxx w/ special guests Bezz Believe, Dusty Leigh, & Jamie Ray
 \$25 - \$28

August 18

BILLY CURRINGTON
 7 - 11pm
 Amphitheater at Las Colonias Park
 925 Struthers Avenue Grand Junction
 Billy Currington's latest album bears the breezy title Summer Forever, but the talented Georgia native has spent more than a decade in the spotlight proving he's truly a man for all seasons.
 \$45.50 - \$80

Events CONNECTION

August 18

THE DAVE MATTHEWS TRIBUTE BAND
 8 - 11pm
 Warehouse25sixty-five Kitchen + Bar
 2565 American Way, Grand Junction
 Their name says it all: The Dave Matthews Tribute Band.
 \$12 - \$20

August 19

Avalon Theatre Foundation Presents: Farway Canyon Movie
 7 - 9:30pm
 Avalon Theatre
 645 Main Street Grand Junction
 Buried deep in the old Grand Junction uranium mill, an ancient evil is waking up. Now the fate of the planet lies in the hands of a handful of grizzled veterans and social media influencers
 \$15 - \$25

August 19

BOYS OF SUMMER
 8 - 11pm
 Warehouse25sixty-five Kitchen + Bar
 2565 American Way, Grand Junction
 The Boys of Summer Eagles Band hail right from Southern California. They grew up there and all have Eagles blood running through their veins.
 \$10 - \$15

August 19

Craig Ferguson: The Fancy Rascal Tour
 7:30 - 10pm
 Avalon Theatre
 645 Main Street Grand Junction
 \$35 - \$184

Continued

CONTINUED P. 21

Alley Katz Tattoo & Piercing



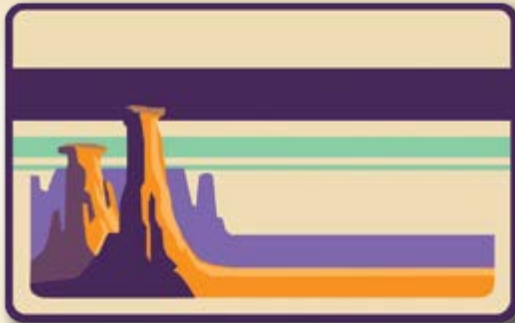
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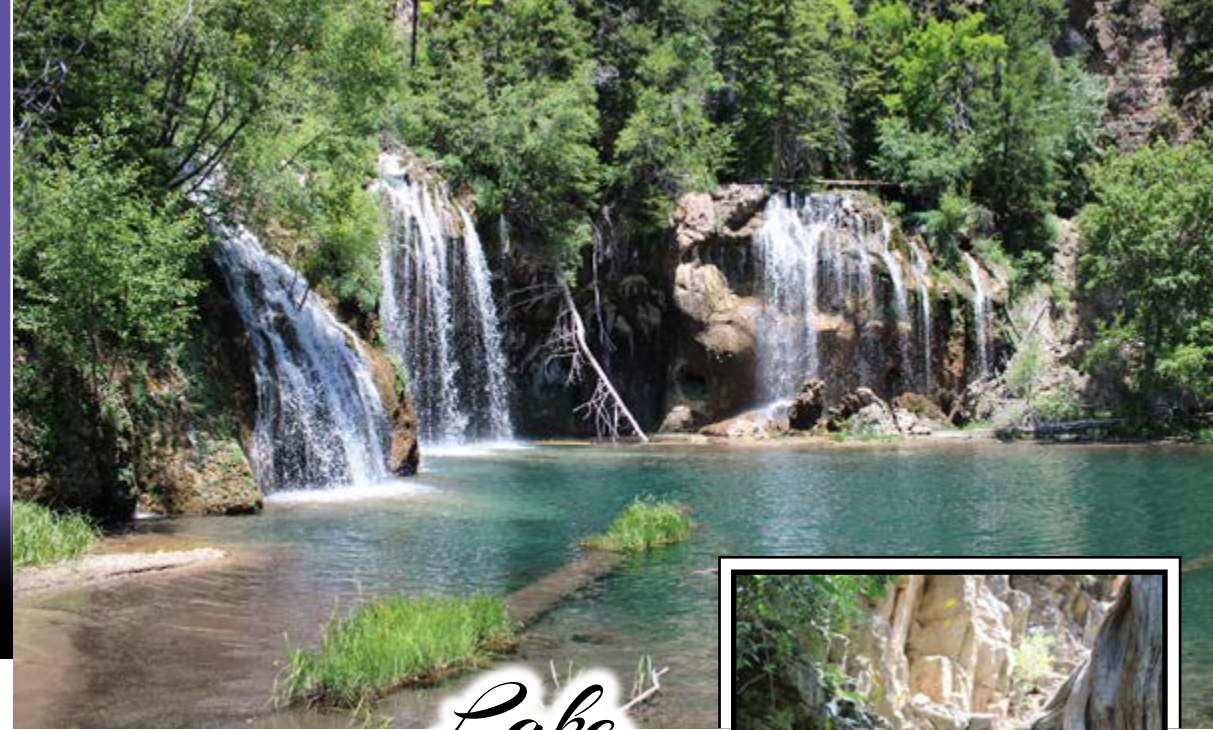
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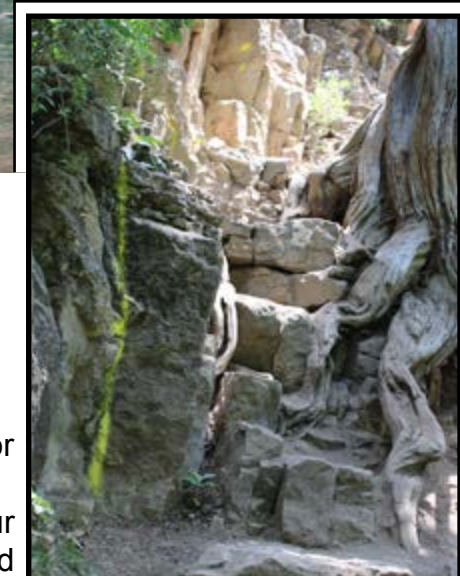
HANGING *Lake*

No, it isn't in Mesa County. It's way too beautiful to leave out though! Located about halfway through Glenwood Springs Canyon, is a place known to most around the Western Slope. It might be out of the way, and you have to plan in advance, sometimes a week or two, but Hanging Lake is worth the visit!

It had better be the central part of your day, because there is no return to east bound I-70. This magnificent place, which is no joke getting to, needs reservations! They go quick too. If you want an early morning venture on this trail, you might have to plan weeks in advance.

Mr. Ken Murphy, of Glenwood Adventure, who manages the area said "it was necessary to turn this area into a *Managed Use Recreation Area*. The place had become so congested, that it was necessary for someone to control the flow of visitors". He isn't exaggerating either. The area, which only had out-of-towners, was very busy. They let 60 visitors in per hour, for a 3 hour tour.

The cost is \$12 per person, and the funds go to help manage the area, and to the U.S. Forest Service to upkeep the trail. There are quite a few restrictions, which you will see making your reservations, and reiterated once you get there. It is quite the hike, more than 1,000 feet in just over a mile, with some treacherous terrain and slick rocks, which seem to be metal ore, shined by the feet of a thousand people



August 22

SOUTHALL

7 - 9pm
Warehouse25sixty-five Kitchen + Bar
2565 American Way, Grand Junction
THE BOYS ARE BACK and READY to play ya that rockin REDDIRT ROCKIN LIVE COUNTRY MUSIC!

\$18 - \$20

August 22

My Life With The Thrill Kill Kult

7pm
Mesa Theater
538 Main St, Grand Junction

\$28.50 - \$33

August 24

DIAMOND RIO with special guest The Sean Moon Band

6 - 10pm
Warehouse25sixty-five Kitchen + Bar
Formed in 1989 in Nashville, TN the band consists of Marty Roe (lead vocal), Jimmy Olander (lead guitar, acoustic guitar, banjo), Gene Johnson (mandolin, tenor vocals), Dan Truman (keyboards), and Dana Williams (bass guitar, baritone vocals), Brian Prout (drums).

\$40 - \$75

August 25

PENTAGRAM STRING BAND
Ricky Bobby and the hellcat fury

8pm
Mesa Theater
538 Main St, Grand Junction

\$14 - \$18

August 25

Ninety Percent 90's

7 - 9pm
Warehouse25sixty-five Kitchen + Bar
2565 American Way, Grand Junction
THE BIGGEST BADDEST 90's PARTY AROUND

** FREE SHOW**

August 26

GJ SYMPHONY ORCHESTRA:
EVENING UNDER THE STARS

6:30 - 10pm
Amphitheater at Las Colonias Park
925 Struthers Avenue Grand Junction
A Grand Valley summer tradition continues for its 31st consecutive year on Saturday, August 26, 2023! Join the Grand Junction Symphony Orchestra for our annual FREE concert in the park

Admission for this event is free. However, a ticket is required.

August 26

WAR HIPPIES

8 - 11pm
Warehouse25sixty-five Kitchen + Bar
2565 American Way, Grand Junction
War Hippies has become known for stellar live shows with tight harmonies and brilliant songwriting.

\$18 - \$1,250 (Upstairs - Includes \$50 tickets

August 26

Summer Days Festival

1pm
12th Street south of North Avenue (Lincoln Park Barn)
Grand Junction, CO
Summer Days Festival Family Friendly Event All day event. Live Music, Vendors, Food Trucks and more!

August 29

Incubus

6 - 10pm
Amphitheater at Las Colonias Park
925 Struthers Avenue Grand Junction
Alternative rock band Incubus are on tour!

\$66 - \$194

August 31

The RHYOLITE SOUND

7 - 11pm
Warehouse25sixty-five Kitchen + Bar
2565 American Way, Grand Junction
Call for price

Palisade

August 5

Free Live Music- Sean Blumhardt
5 - 7pm

Colorado Vintners
3674 G Rd, Palisade, CO
We are excited to host Sean Blumhardt performing an awesome acoustic show.

August 5

VINO + VINYASA with Julia

10:45am - 1pm
The Ordinary Fellow
202 Peach Ave, Palisade
Vino + Vinyasa at The Ordinary Fellow is back! Meet us monthly all summer long for a Saturday of yoga and wine tasting.

August 6, 13, 20, 27

Sunday Farmer's Market

9am - 1pm
3rd and Main - Palisade
Visit Palisade this summer and enjoy the Sunday Farmers' Market. Local vendors supply fresh produce and an array of unique artisan products. Make a day of it and grab a bite at one of the local, rotating food trucks, or dine street-side from newly constructed restaurant parklets.

August 12

Cup-A-Jo - Band in the Barrel Music Series

1:30 - 5pm
Restoration Vineyards
3594 E 1/2 Rd, Palisade, CO
We are excited to welcome Cup-a-Jo for this Band in the Barrel Concert.

August 11, 12, 13

Bangin' & Twangin'

Friday 8am - Saturday 5pm
Cameo Shooting and Education Complex, Colorado Parks and Wildlife
3934 I 9/10 Rd, Palisade, CO
ROCKY MOUNTAIN ELK FOUNDATION'S CONSERVATION & MUSIC

FEST

Featuring Kameron Marlowe, Granger Smith, Sean Moon Band, Joey Rowland, Jeremy McComb.
\$20 - \$40

August 13

FLOAT & FLOW with Paddleboard Adventure Company

10am - 1pm
Paddleboard Adventure Company
3816 N River Rd, Palisade, CO
Join PAC & Yoga Teacher Julia Cavalieri for a strengthening yoga flow followed by a group SUP float & apres drinks at The Sneak Line!

\$35

August 18, 19

55th Annual Palisade Peach Festival

Friday 12 - 8pm
Saturday 7am - 6pm
Riverbend park, Palisade.
Experience Palisade Peaches at their finest during Peach Festival weekend, August 18th-19th, 2023. The 55th Annual Peach Festival is a time for the town of Palisade to celebrate our famers, families, and businesses that make these world famous peaches SO amazing.
For a schedule visit the Palisade Chamber of Commerce website.

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August 5, 12, 19, 26

Fruita Farmers Market
8:30am - 12pm

Fruita Farmers Market
250 S Elm St, Fruita, CO

August 5

Covenhoven in Concert at Cavalcade

7:30pm
Cavalcade
201 E Aspen Ave, Fruita, CO

Covenhoven is nationally recognized indie artist Joel Van Horne, a multi-instrumental singer-songwriter whose rich harmonies, reedy baritone and commanding falsetto

August 7

Full Day Dig

8am - 3:30pm
Dinosaur Journey Museum, Museums of Western Colorado
550 Jurassic Ct, Fruita

The Mygatt-Moore expeditions offer an introduction to paleontology field work. Get a little dirty digging for Jurassic dinosaurs. Our paleontologists will make sure you have all the training and tools you need. Fossil bones of Apatosaurus and Allosaurus are common in the quarry. \$175

August 18

Coffee Club Network

9 - 10am
FWorks
325 E Aspen Ave, Fruita, CO
The Coffee Club is a new networking group hosted by FWorks, The Fruita Chamber & The Business Incubator Center The Third Friday of Every Month

August 19

Raft the River

8am
Rimrock Adventures
927 CO-340, Fruita, CO

Join RiversEdge West for our 7th annual Raft the River float trip and brunch! Float with RiversEdge West from Rimrock Adventures to the Loma Boat Ramp

August 18

HBA of Western Colorado Golf Tournament

7am
Adobe Creek National Golf Course
876 18 1/2 Rd, Fruita, CO

It promises to be a fantastic day filled with friendly competition.

August 20

3rd Annual SWC Golf Tournament Fundraiser

8am
Adobe Creek National Golf Course
876 18 1/2 Rd, Fruita, CO

Join us for our 3rd Annual Golf Tournament Fundraiser!

FOOD | GAMES | PRIZES and a fun day of golf!
\$400 per team of 4
\$200 Hole Sponsorships
Silent Auction

About The Host: We are here to help you with your home care needs! We specialize in Newborn/pediatrics, wound care, chronic illnesses, rehabilitation and more! We can also assist in light house keeping, meal prep, safety devices and med management.

August 24

WTF Networking Luncheon: Camilla's Kaffe

12 - 1pm
Camilla's Kaffe
206 E Aspen Ave, Fruita, CO

WTF (Welcome Thursday Friends) falls on the fourth Thursday of every month and is a great way to get to know the chamber better. Join us, and other chamber members, at a restaurant in Fruita for good food and good conversation.

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We are pleased to welcome Dr. Anna Moore!

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